



Summer 2020

Liberty Lake Day Camp

Safety Plan & Operating Playbook

We have worked diligently to develop new protocols and procedures to ensure that our campers and staff members are able to enjoy a safe camp environment this summer.

Our safety plan complies with New Jersey State Board of Health Guidelines, CDC Considerations, and the American Camp Association Camp Operations Guide- which has been approved by the American Academy of Pediatrics.





Safety Plan & Operating Playbook

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** Special Thank You to Adam Wallach & Mohawk Day Camp in White Plains, NY for the template of this booket*

Camp is More Important Than Ever

We are all suffering in this pandemic, but children may be suffering the most. It may be hard for adults to fully appreciate it, but seemingly overnight our children were separated from their friends, forced to stay home and required to learn from screens. Favorite activities like sports, music, and dance classes were abruptly halted, and most children are now looking at a summer with way too much free time, no structured activities, and little opportunity for fun outside. It's a sad situation!

What can we do to make things better for children?

Opening Liberty Lake Day Camp safely is the solution we have been working towards since March. Data shows that the risk of transmitting the COVID-19 virus in an outdoor environment like LLDC is extremely low, yet the benefits of the socialization, exercise and learning that happens at camp can be tremendous. Opening Liberty Lake for summer 2020 requires a HUGE amount of creativity, logistical effort and financial expense, but we are proud to be able to continue our commitment to our Liberty Lake families and excited to provide another amazing summer for our campers!

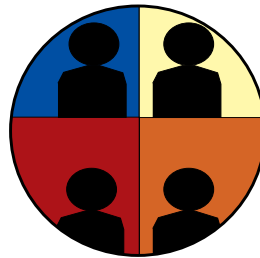
THE LIBERTY LAKE ADVANTAGE



60 Shady Acres



100% Outdoor Environment



Experienced Directors & Middle Management Leadership Team



Owner/Director, Andy
Former ACA President



Two 80 ft. Swimming Pools



Two Lake Swim Areas



4 Open Air Wood Pavilions
12 Large Tents



50+ Outdoor Programs

Conditions for Opening Camp

Liberty Lake Day Camp's priority this summer is to provide dynamic programming in a safe and effective manner. Our Safety & Operations Playbook prioritizes the health and well-being of our campers, staff and the families we serve, following our guidelines.

The plan is designed to be flexible, so that we can adapt and refine our response as needed. Liberty Lake is basing our playbook on the Governor's Executive Orders, and NJ Board of Health guidelines. Our procedures in enforcing compliance with all COVID-19 preventative measures and practices may be modified and revised as guidance changes.

External Factors

- Stay at home orders lifted.
- New Jersey State permits recreational and childcare facilities to begin operations.
- Local health department gives clearance and guidance to open camp.
- Mitigation efforts in local communities continue to result in declining cases, hospitalizations and metrics as we move from Phase 2 to Phase 3 in New Jersey' Road Back reopening plan.

Internal Factors

- Program areas and camp spaces are ready to support physical distancing, as required .
- Cleaning and sanitizing operating procedures are in place and adequate supplies are available to properly execute.
- Adequate PPE supplies are available for staff use.
- Installation of new handwashing and sanitizing stations.
- Staff are trained and prepared to operate under new operation guidelines and care for campers
- Staff fully understand the social responsibility and commitment outside of camp to maintain a healthy camp community within camp.

Liberty Lake Family Commitment

- Monitoring family health.
- Communicating with Liberty Lake Day Camp openly about health concerns.
- Daily morning screening of campers before leaving to camp.
- Follow all policies and procedures presented by Liberty Lake to support a healthy camp community.



Reimagining a Safer Camp

Camp is not a risk-free environment, but increased safety procedures and policies have been created to minimize risk and provide campers with an great summer camp experience.

An increased element of the risk is present all around us, everywhere we travel and with every interpersonal interaction. We can not expect that children will stay home all summer, whether they are at camp or not. They may play with friends, visit extended family members and be taken to places that parents feel are safe. At camp you will have the reassurance that everyone has been health screened everyday, within consistent camper groups, supervised by caring staff with meticulous cleaning procedures in place.

Liberty Lake Day Camp provides a unique setting for children to return to the “new normal”. Set on 60 shady acres with the widest range of outdoor activities and resources, our staff is committed to ensuring that camp is a safe place to be this summer.



GROUPS STAY TOGETHER EVERYDAY



OUTDOORS - ALL THE TIME



TEACH & REINFORCE HANDWASHING



STAY HOME WHEN SICK



SOCIAL RESPONSIBILITY



CLEAN & DISINFECT REGULARLY WITH SET SCHEDULES



FACE COVERINGS & SOCIAL DISTANCING WHEN NECESSARY



LIMITED SHARING OF EQUIPMENT & SUPPLIES



SCREEN EVERYONE, EVERYDAY



STAFF TRAINING

The Liberty Lake Day Camp **SAFE SIX**

1

Camper Screening

- Pre-Camp monitoring of social interactions while out in public.
- Daily at-home health screenings by caregivers.
- Daily camp arrival temperature check and symptom screening.
- Health monitoring throughout the camp day.



2

Staff Screening Testing

- Pre-Camp monitoring of social interactions while out in public.
- Daily at-home self-health screening.
- Daily camp arrival temperature check and symptom screening by camp staff.
- Health Monitoring throughout the camp day.
- Personal Protective Equipment (PPE).

3

Handwashing

- Mandatory hand washing and sanitization protocol between each activity period.
- Hand sanitizing stations located at all food service areas and every activity area.
- No water fountain use- Ice Water jugs with paper cups located throughout camp.
- Use of EPA-approved soaps and sanitizers.



4

Cleaning & Disinfection

- Increased cleaning and disinfection protocols by dedicated cleaning team.
- Hourly cleaning and disinfection of each bathroom.
- Cleaning and disinfection of all activity areas, equipment and supplies as much as reasonable between each group period.
- Use of four (4) electro-static cleaning sprayers throughout day, and at end of day.
- Designated activity supplies for each group when possible.
- Use of EPA-approved soaps, disinfectants, and sanitizers.



5

Resonable Contact Reduction

- Group size of no more than 10-20 campers.
- Safe social distancing practices will be maintained between groups.
- Face coverings worn by non-group members who require close interaction.

6

Symptom Managment Plan

- Trained Medical Professionals will assess all persons with COVID-related symptoms.
- Separate quarantine facility for persons with above symptoms who will go home.
- Strict symptom management, including isolation, communication, tracing, and post-illness protocol will be enforced.

Group Size & Social Distancing

Safety Protocols



Camper Groups

- A maximum of 20 campers and 3-4 staff in a group
- We have made every effort to honor at least one friend request per camper
- No international campers

Groups Will Not Mix

- Group will remain together at elective choices.
- Groups required to maintain appropriate social distancing from other groups
- Swim lessons will be restricted to group members

Distanced Events

- Building a festival stage at end of large field where on nice weather days groups can social distance while assembling.
- Spirit Events re-structured to accommodate social distancing among groups

Safe Interaction with Staff

- Staff within their groups do NOT have to wear masks or social distance.
- Staff that work outside of the group are required to maintain social distance or wear face coverings.
- Bus staff wear face coverings

What is a Camper Group?

Campers will be organized into self-contained groups of 10-20 campers with dedicated supervisory staff that stay together all day, every day.

Groups will social distance by not mixing or interacting with any other group during the camp day. Think of it as if a group will experience a “camp-within-a-camp” each day that will be together like a “family”. Any other staff that interact with campers from outside of the group, such as activity specialists, swim instructors or bus captains, will wear face coverings as per our guidelines.

Inclement Weather at Camp

There are plenty of covered areas to keep campers dry and safe when a sunny day suddenly turns into an unexpected “Liquid Sunshine” situation. The majority of our camp activities take place either underneath or adjacent to large tents or pavilions and can continue as planned.

If the rain is heavy, camp groups move to the nearest shelter (wooden, if thunder), and play card games, trivia, and other self-contained games until the storm lets up. If the rain is expected to last longer than 20 minutes, we move to areas where the campers who were at athletic activities can play quiet games, while the waterfront and adventure kids can watch part of a movie.

During the Summer of 2020, we will do our best to socially distance during these times, but if an emergency situation presents itself- physical and emotional safety become priority- above social distancing.



Group Ratios and Staffing

A “Camper Group” is a self-contained group of campers and supervisory staff that stay together all day, every day, never mixing with other groups unless maintaining social distance.

Camper Age Group	Max. # Of Campers In Each Group	Supervisory Staff
Entering Pre-K	8-14 campers	Group Leader and 2 Counselors
Kindergarten through Teens	10-20 campers	1-2 Group Leaders & 1-2 Counselors

Group Leader / Teen Mentor - Typically teachers or college students that oversee the care of campers and management of staff within a group, participating with them throughout the day.

Counselor - Typically entering 11th or 12th grade high school students that assist with the care of campers within a group, participating with them throughout the day.

How Will This Summer be Different for Campers?

Liberty Lake campers are already accustomed to being a part of a camp group of their friends and counselors each day. The biggest change will be that campers previously had the ability to choose electives and options for activities that united campers from various groups with similar interests within their division. Unfortunately, due to social distancing requirements and the need to minimize contact between people, we will not be offering electives the same way this summer. Our camp program will continue to provide a full schedule of age and skill appropriate activities that make summer camp enjoyable!

During Elective Periods, campers within groups will be able to choose from at least two choices- one active, and one passive/creative.

Enrollment Groupings 2020

We have tried to create camper groupings that are as static as possible by having the same group of campers stay with the same staff whenever and wherever possible. Group size must be limited to 20 campers.

While Liberty Lake is usually the most co-ed, non-binary camp experience anywhere, in 2020, because of our restrictions, we have opted for single-gender groups, mostly to accommodate the tremendous amount of grouping requests, which are mostly same-gender. Each group is created with care, with at least one friend request honored, space permitting. While this may be a shift from previous summers, it will not make a huge impact the camp experience. It will just be different. We look forward to returning to “normal” in 2021.

Camp Program & Activities

Liberty Lake Day Camp is known for our wide variety of amazing activities, led by a talented group of specialists and activity leaders. This is where much of the fun, engagement, friendships, and learning takes place. Our team has been working hard to re-imagine the process and make the experience better than ever: After months of sitting at home with distance learning, we know that campers are ready to enjoy the outdoors, connect with friends and have some REAL fun!

CAMP PROGRAM & ACTIVITIES

Safety Protocol



OUTDOOR ACTIVITY AREAS



QUALITY SMALL GROUP INSTRUCTION



INCREASED CLEANING & SANITIZING PROCEDURES



INCREASED PROGRAM SUPPLIES TO ROTATE BETWEEN GROUPS

Activity Period Checklist

- All campers and staff members wash/sanitize hands when they arrive and depart each activity.
- Cleaning and disinfection will be done on all equipment and supplies before being used by another group, as much as possible/reasonable.
- One group scheduled at each activity, unless social distance can be maintained.
- Commonly touched surfaces, switches, sink knobs, tables, benches or handles, etc., will be wiped down after each program setting.
- Staff members will increase spacing and physical distancing with campers when possible.
- When possible, every group will be provided with a supply box that only their group will be using, for example: scissors, markers, crayons, pencils, glue and other widely used high touch items. This craft supply box will only be used with that particular group of campers throughout the week.

Field Trips/Special Event Days

- All off-site activities have been cancelled as per state guidelines, as well as late-stays and sleepovers. We hope to resume them again in 2021.
- Spirit Events on the 2020 Spirit Calendar have been modified to adhere to the DOH guidelines.
- Monday Morning and Friday Afternoon Assemblies, weather permitting, will take place on the lower field, with groups in socially distanced circles, in front of a new festival stage.



Activities for Summer 2020

Activity periods are 45 minutes in length, providing campers with sufficient time to wash/sanitize their hands between periods. Detailed cleaning and sanitizing protocols are being created for each program area as you read this.

SPORTS

GAMES & SKILL TRAINING

ARCHERY

Archery is more than just bows and arrows- it can be balloons, Tick-Tack-Toe, zombies & more, in our newly improved facility!

BASEBALL & SOFTBALL

Swing for the fences, run the bases, & field like a star!

BASKETBALL

(3rd+) Dribble, pass, shoot... Lucious is ready to teach you the skills to pay the bills!

EXTREME TAG

Video games come alive, with a fun mix of Archery Tag, Laser Tag and more!

FENCING (3rd+)

Learn the honor and discipline of the ancient art of fencing. Duel your friends!

FITNESS & NUTRITION (3rd+)

Exercising can be so much fun when we work out together with our friends!

FLAG FOOTBALL (3rd+)

Training camp is here, as we hone our skills + play games!

FROSH MULTI-SPORT

It's an athletics smorgasbord of fun with soccer, kickball, tee-ball, basketball, wiffleball, football, etc.

GA-GA

#1 Sport @ LLDC, for 19 years- A cross of handball, dodgeball and gladiator... Get into the pit!

HULLA-BALL

4-Square, BIG courts, **BIG FUN!**

MARTIAL ARTS

DEFEND YOURSELF
Mixed martial arts, with the basics of punching, kicking, and resolving problems peacefully.

MINI GOLF

TOURNAMENT TIME
Let's see if you've got what it takes to bring home the top prize in the 2020 Mini-Golf Invitational!

SKATE PARK

(3rd+) New skills, cool tricks, catch air on our ramps & halfpipe!

SOCCER

(3rd+) Kick your day off on the Soccer field as we work our way towards the World Cup!

STREET HOCKEY

Channel your inner Ovechkin to tear up the rink for victory!

WALL-BALL

Old-school playground coolness with you, a ball and **THE WALL!**

WIFFLE BALL (3rd+)

Even more popular than baseball and softball at LLDC is the old-school, plastic version!

APPLIED & FINE ARTS

ASL

AMERICAN SIGN LANGUAGE
Amir is back with the most socially distant activity of 2020!

DRAWING & PAINTING (3rd+)

Pencils, watercolors, charcoal, paint and more- up at our art tent with our artsy friends!

FRANKIE PHOTO (3rd+)

Take pix and learn the art of photography with our amazing camp photographer!

FROSH FINE ART

Explore all mediums of art with our staff of artists- drawing, painting, jewelry making, sculpture, lanyard and more!

MULTI-MEDIUM (3rd+)

From Paper Mache' to Tie Dyes and plenty in between, Miss Michelle is back with her creativity and positive spirit!

SCULPTURE (3rd+)

Clay can be the ultimate creative medium as we are only limited by our imagination!

TASTE BUDS

Our Cooking elective is fun, educational, and delicious- as we learn to cook all kinds of yummy foods that kids can then cook for their families at home!

WORLD ART

(3rd+) Create beautiful works of art while learning about diversity and cultures from all around the world.

S.T.E.M.

Science, Technology, Engineering, Math

DINOSAUR ROCK (Grades 1-4)

You be the paleontologist! Discover secrets hidden millions of years ago, while we work together to reconstruct dinosaurs.

FEATHER & FUR CLUB

Chickens, Bunnies, & Dogs! Practice animal care as we feed, train, groom, and even swim with the poochies! **PLUS (3rd+)** experience the honey bees!

GREEN TEAM

THE TIME IS RIPE
The crops are almost ready to harvest- Come work in our greenhouse and veggie garden!

LIBERTY BLOG (3rd+)

WHAT'S NEW AT CAMP? Help spread the word about new spirit events, electives, staff and campers this crazy summer!

LLTV (3rd+)

Create & collaborate with big smiles & laughs as we film to go onto our YouTube Channel: libertylake1776

MAGIC CARDS (3rd+)

Magic the Gathering play under strict supervision. Bring cards at own risk, or use camp cards. Poke-mon for Sophs- Once you start, it's hard to stop!

OOEY GOOEY (Grades 1-4)

SLIME TIME! Glitter, confetti, and even eyes? It's the crazy popular activity- that we can't understand why!!! **SLIME RACES** on Friday...

S.T.E.M.

The world of science and engineering comes alive at the Woods Pavilion with Hank and special guest Brandie from B3!

www.brickbotsandbeakers.com/ncj

WILL'S WORLD (5th+)

Dive into fantasy and strategy, playing the legendary **Dungeons & Dragons**, while preparing for epic **LARP battles!** Our resident Wizard will lead you into the realm, and back out- hopefully unscathed!

PERFORMING ARTS

CHEERLEADING

Get the Liberty Lake Spirit! Learn the basics and the latest fun cheerleading moves!

DANCE

Learn funky hip-hop dance moves to hit songs to perform for our friends on Friday afternoon!

DRUMS (3rd+)

Feel the beat with our music crew, as we bang buckets and drums for some tribal fun!

DRAMA WORKSHOP

Theater games and short stories come to life as we hone our acting skills with our friends!

FROSH MUSIC (3rd+)

Learn songs and play instruments in our new elective with Patt and musical guests.

GLEE CLUB (5th+)

Add your voice to awesome songs from TV, movies and pop music history!

GUITAR (3rd+)

Learn the Liberty Lake Song & other rock/folk guitar classics!

RADIO DJ (3rd+)

Learn some mad DJ skills at the lunch tent with our new DJ Chil

RAP (5th+)

MC Ron will drop the beats and help you hone your rhymes into cool, new rap songs!

ROCK BAND (5th+)

We have drums, mics, keys, guitar, bass, amps- All we need is **YOU to JAM OUT!**

SONGWRITING (5th+)

Turn your melodies & lyrics into finely crafted songs!

SHELLI BUTTONS

The amazing aerialist, comedienne, juggler, balancer, and ray of sunshine from the NJ Renaissance Faire is back to teach us how to be **AWESOME**

WATERFRONT & ADVENTURE

BOATING

Join us for a fun time on the lake each day with Katie and our fleet of Pedalboats, Canoes, Kayaks, Paddle-BOARDS, & more!

FISHING

Learn about the lake environment while we bait our hooks and cast away for an endless supply of Sunnies, Catfish, Bass and more!

HIGH ROPES ADVENTURE (3rd+)

We'll help you find the courage for our **GIANT SWING**, Catwalks, Vertical Playground, Giant's Ladder, Rope Bridges, and two 600 ft. Ziplines!

JR. LIFESAVER (Grades 7+)

Jumpstart your lifeguard career by honing your lifeguard skills.

LEARN 2 RIDE (Grades 1-4)

No more training wheels! We will help find your bike balance and be a solo rider!

MOUNTAIN BIKING (3rd+)

For campers who know how to ride and can now traverse the uneven terrain around Camp- and if you're really good... **Go extreme on the exciting wooded trails!**

POLAR BEAR CLUB (5th+)

Start your day with a water trampoline bounce out on the Lake, plus swim out to the dock, snorkel, play games & more!

SURVIVAL SKILLS

Hikes in the woods, outdoor cooking, plant and tree identification and more with our Mountain Man, Ryan!

SWIM TEAM (5th+)

Improve your freestyle & backstroke this week. All participants **MUST** be intermediate or advanced swimmers, willing to train!

TOWER OF POWER

Our 25 ft. Rock Wall is calling your name, and waiting for you to ring the bell at the top as you conquer all four trails up the side!



Cleaning Procedures

Our designated team will disinfect all program areas, eating areas, bathrooms, playgrounds and program equipment throughout the day.

TRAINED SANITATION TEAM

- Dedicated and trained cleaning staff are thoroughly trained and strictly supervised on cleaning protocols

CLEANING TIMELINESS

- Shared facilities and program area cleaned after each group
- Stringent cleaning and hygiene protocols in all program areas

MANDATORY HAND WASHING

- Handwashing/sanitizing before and after all activities and before eating
- Handwashing and sanitizing stations located throughout the camp, in close proximity of each activity area

COMMERCIAL DISINFECTANTS

- EPA approved commercial-grade disinfectants
- Soaps & sanitizers recommended by the CDC

DOWN THE RABBIT HOLE

ALICE IN WONDERLAND COMES TO LLDC (5th+)
Join us for some uniquely creative wonderment, as we create a creepyish walk in the woods to entertain & socially distantly spook our brave friends- Each group will be able to create their own creepy rabbit hole "installation" **SO MUCH FUN!**
July 13-17

KINDNESS CLUB (5th+)

The Liberty Lake Star Points are a "Star-Ling Point" for creative ideas for our Camp Community to express kindness to one another!

SENIOR SOIREE'

(Seniors Only) Play games, listen to music, lay in the sun, or just chill with friends and relax- **The Soiree' is the place to be at LLDC!**

ACCREDITED

★ SUBMIT ONLINE ★

- 1- Go to: LibertyLakeDayCamp.com
- 2- Log into CampMinder "CampinTouch"
- 3- Choose "Forms & Documents" and select your "Top 10" electives!

We will do our best this summer to give your group activities based on your Top-10 choices.

Swimming

The aquatics facilities at Liberty Lake Day Camp provide excellent flexibility to safely deliver a swim program in our two 80-foot Pools and two Lake swim areas.

Swimming is a favorite activity for many campers and an important part of the summer camp experience. Swimming pools have been deemed safe because the virus is not waterborne and pools are properly treated with chlorine.

We will be offering Instructional Swim to only campers in the Turtles, Frosh and Soph divisions. We will be unable to older campers due to logistical concerns as a result of social distancing requirements. Therefore, Juniors, Seniors and Teens campers will participate in daily recreational “free” swim only, as well as the electives Polar Bear Club, Swim Team and Jr. Lifesaving (Seniors/CITs only)

SWIMMING Safety Protocols



DAILY RECREATION SWIM



DEDICATED SWIMMING
AREAS FOR EACH GROUP



CONSISTENT INSTRUCTORS
ASSIGNED TO EACH GROUP



NO POOL TOYS OR SHARED
PLAY EQUIPMENT



SHALLOW POOL: 20 x 80 ft, 1-4 feet deep



SANDY BEACH
0-4 feet deep

DEEP SIDE LAKE
3-7 feet deep



BIG POOL:
40 x 80 ft,
4-7 feet deep



Bus Transportation

To ensure the safety of our camp community and meet the New Jersey Department of Health requirements. We have made several changes to our transportation program. All vehicles will operate approximately 75% of the capacity to maintain distance between campers, with one camper per seat, unless family members.

Face coverings will be required for all staff members, and **recommended** for all campers.

Transportation

Safety Protocols

SCHOOL BUSES	REDUCED CAPACITY/SEATING	MORE STOPS FOR PHILLY FAMILIES	FACE COVERINGS/MASKS	ENHANCED CLEANING & SANITIZING
<ul style="list-style-type: none"> • State certified buses to ensure social distancing between campers • Air conditioning will be utilized only when deemed necessary - otherwise windows will be open 	<ul style="list-style-type: none"> • Only one camper per bench; family members will be required to share a bench • Campers will be assigned seats with proper social distancing 	<ul style="list-style-type: none"> • More buses and bus stops throughout Philly 	<ul style="list-style-type: none"> • The bus driver and bus captains will wear face coverings while on the bus • Campers are recommended to use face covering when riding on the bus (not mandatory) 	<ul style="list-style-type: none"> • Buses will be cleaned & sanitized after each bus run- AM & PM, by the bus company

Procedures for Morning Bus Transportation

1. Parents should temperature and symptom check children prior to leaving the house each morning.
2. At bus stops, parents and campers should wear a face covering and/or social-distance from other families. It is requested that the same caregiver drop-off the camper each day if possible.
3. Campers sanitize hands before they board the bus, and when they get off bus.
4. Bus captains will sanitize high contact touch points while helping younger children into seats and seatbelts. Parents are not permitted to board the bus.
5. **Campers and staff will be thermo-temperature checked upon arrival at camp-**
 - Car transport campers before they exit their car- If 100.4°F or higher, will have to go home.
 - Bus campers on the bus, as they arrive- If 100.4°F or higher, will be sent to the Quarantine tent, while we call you to pick them up.



Parent Pick-up & Drop-Off

This summer we will be prepared for more parents to elect to provide their own transportation to camp. If you initially chose the bus, but would rather drive your child this summer, please let us know ASAP.

We offer extended care for families from 7am to 6pm daily, but **groups must still remain within their core groups**, even if very few group members remain, and there will not be “after-care swim” this year. For these reasons, **play will be very limited**, and we do NOT recommend extended hours care this summer, unless it is absolutely essential for your family.

MORNING ARRIVALS

Safety Protocol

PARENTS REMAIN IN CARS

Parents/Caregivers should always remain in their vehicle

ON-SITE HEALTH SCREENINGS

Temperature check and health screening of campers will be conducted by Liberty Lake Staff each day at arrival (less than 100.4° required)

HAND SANITIZING STATIONS

Campers will sanitize their hands prior to joining their group

DEDICATED MEETING LOCATIONS FOR DIVISIONS

Campers will be escorted on their first day to their group’s dedicated meeting area, by a staff member with face covering.

ASSIGNED STAGGERING TIMES

Families may be assigned a staggered window of time for drop-off & pick-up to limit the flow of people at one time. We will determine this after the start of the season

	Drop-Off & Pick-Up	Extended hours
AM	8:30 - 9am	7am - 8:30am
PM	4 - 4:30pm	4:30 - 6pm

Camp Visitors

The Liberty Lake Day Camp campus will be closed this summer to all visitors. Only essential visitors will be permitted with prior arranged clearance from the Camp Director or Health Directors. There will be no general visitation allowed of any kind, for any reason.

Liberty Lake will not host Family Night, nor prospective family tours this summer.

Approved Essential Visitors will be Required to:

- Have their temperature taken prior to entering camp. Anyone with a temperature of 100.4°F or higher will be prohibited from entering the campus.
- Wear a face covering and maintain a moderate social distance from all campers and staff members.
- If YOU have to come to our Camp Office or Health Center, please note the above.

Daily Lunch & Snacks

Liberty Lake will continue to provide campers and staff members with daily hot lunch and snacks. We will adjust our menu this year to include meals that are easier to serve and provide less preparation in our kitchen. Our Menu includes the same options that campers love and a variety of daily alternatives.

HAND WASHING & SANITIZATION STATIONS

- All campers will wash their hands prior to eating at handwashing or sanitizing stations that have been installed at each lunch pavillion.

OUTDOOR LUNCH SEATING




- We will have 3 outdoor lunch tents set up to reduce the numbers of campers that eat in any area together

MEALS SERVED INDIVIDUALLY OR CAFETERIA- STYLE

- Neither salad bars, nor traditional pasta bars will be available.
- Salad will be ordered with lunch as either an entree' or a side salad.
- Pasta will be available similarly.

ASSIGNED LUNCH TABLES

- Assigned tables allow social-distancing between groups during same lunch period.
- Each group will have dedicated tables for the summer, that will be sanitized before and after their lunch periods

Week #	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
3 7/6-7/10	PIZZA DAY Caesar Salad Fresh Fruit Red-White-Blue Dessert	QUESADILLAS Chicken OR Cheese Chips 'n' Salsa Fresh Fruit	CHICKEN FRIES Chicken Fries Potato Chips Jell-O	PHILLY CHEESESTEAK Corn Chips Fresh Fruit	BBQ DAY CHEESE/BURGERS Veggie Burgers All-Beef HOT DOGS Chips/Fresh Fruit
4 7/13-7/17	PIZZA DAY Caesar Salad Fresh Fruit	 TACO TUESDAY Chips 'n' Salsa Fresh Fruit	CHICKEN NUGGETS Tater Tots Puddin' Time	HOAGIE DAY Corn Chips Fresh Fruit	BBQ DAY CHEESE/BURGERS Veggie Burgers All-Beef HOT DOGS Chips/Fresh Fruit
5 7/20-7/24	PIZZA DAY Caesar Salad Fresh Fruit	MEATBALL SUB Corn Chips Fresh Fruit	POPCORN CHICKEN Potato Chips Cookies	PORK ROLL EGG/CHEESE Corn Chips Fresh Fruit	BBQ DAY CHEESE/BURGERS Veggie Burgers All-Beef HOT DOGS Chips/Fresh Fruit
6 7/27-7/31	PIZZA DAY Caesar Salad Fresh Fruit	 TACO TUESDAY Chips 'n' Salsa Fresh Fruit	ASIAN CUISINE Orange Chicken/Rice Puddin' Time	RAVIOLI Garlic Bread Fresh Fruit	BBQ DAY CHEESE/BURGERS Veggie Burgers All-Beef HOT DOGS Chips/Fresh Fruit
7 8/3-8/7	PIZZA DAY Caesar Salad Fresh Fruit	QUESADILLAS Chicken OR Cheese Chips 'n' Salsa Fresh Fruit	CHICKEN FRIES Chicken Fries Potato Chips Jell-O	PHILLY CHEESESTEAK Corn Chips Fresh Fruit	BBQ DAY CHEESE/BURGERS Veggie Burgers All-Beef HOT DOGS Chips/Fresh Fruit
8 8/10-8/14	PIZZA DAY Caesar Salad Fresh Fruit	 TACO TUESDAY Chips 'n' Salsa Fresh Fruit	ASIAN CUISINE Orange Chicken/Rice Puddin' Time	HOAGIE DAY Corn Chips Fresh Fruit	BBQ DAY CHEESE/BURGERS Veggie Burgers All-Beef HOT DOGS Chips/Fresh Fruit
POST WEEK 8/17-8/21	PIZZA DAY Caesar Salad Fresh Fruit	MYSTERY DAY 1 Lots of Choices! Lots of Sides! Lots of Yum-TBA	CHICKEN SOMETHING Potato Chips Cookies	MYSTERY DAY 2 Lots of Choices! Lots of Sides! Lots of Yum-TBA	BBQ DAY CHEESE/BURGERS Veggie Burgers All-Beef HOT DOGS Chips/Fresh Fruit

Accommodations made for most dietary needs - No Nut Products used in our Foods - Go to 'Quick Links' for Ingredient List

Symptom Management Plan



The guidelines and requirements for managing a member of our camp community with symptoms are provided by the New Jersey State Board of Health. We will immediately notify the state and local health department about any positive test result by an employee or camper at camp.

SYMPTOM MANAGEMENT PLAN

MEDICAL TEAM

- The LLDC camp medical team is comprised of four Registered Nurses
- Camp medical procedures and protocols reviewed by physicians from Capital Health System

DAILY SCREENING

- Protocols developed in partnership with state health authorities, including DAILY temp checks for all campers and staff
- All staff will be trained in recognizing signs and symptoms of communicable diseases

COMMUNICATION

- Follow all reporting guidelines to the Dept. of Health
- Alert families and staff members immediately, keeping confidence of individuals as much as possible

SYMPTOMS & TRACING

- Collaboration in partnership with the NJ Dept. of Health quarantine protocols

Screening Questions & Symptoms

COVID-19 SCREENING QUESTIONS

1. Do you have a sore throat, fever, body aches, cough or difficulty breathing that is new?
2. Have you knowingly been in close or proximate contact in the past 14 days with anyone who has tested positive for COVID-19 or who has or had symptoms of COVID-19?
3. Have you tested positive for COVID-19 in the past 14 days?
4. Have you experienced COVID-19 symptoms in the past 14 days?

COVID-19 SYMPTOMS

Cough
 Fever
 Shortness of breath
 Muscle aches
 Sore throat
 Unexplained lost of taste or smell
 Diarrhea
 Headache
 Fatigue

Medical Staff & Health Center

COVID-19 CAMPER TESTING

COVID-19 testing is not currently required prior to a camper or staff member’s first day of camp. If testing becomes required, multiple testing options will be available, including non-invasive solutions.

Any camper or staff member that needs to see the nurse this summer will first go to the “Medical screening Tent”. Based on the camper or staff member’s needs, they will be directed to either the Health Center or Quarantine Tent. At the medical screening tent, a temperature check and assessment of symptoms will be performed by a registered nurse.

Medical Screening Tent Procedures

An outdoor waiting area will be designated and campers will be socially distanced



Health Center

All minor injuries such as bumps, bruises, cuts, and scrapes that may occur during the camp day will be treated at the Medical Screening Tent, or the Health Center. Any campers that require daily medication or assistance with health aids should report straight there.

** Nebulizing of any camper must occur outdoors, in sunlight, if possible, to avoid mist spread.*

Quarantine Tent

Persons with possible COVID-19 symptoms requiring medical attention will be further assessed by one of our registered nurses.

Quarantine Tent Procedures:

1. Camper and staff members will be evaluated by a registered nurse.
2. Health Center staff will have available PPE for discretionary use.
3. Health Center staff will immediately call caregivers to share that a camper has visited the quarantine tent and discuss next steps as necessary.

What Happens When...?

What happens when a camper or staff member develops COVID-19-like symptoms while at camp?

- Campers or Staff exhibiting a fever or multiple COVID-19 symptoms will be directed to the quarantine tent, where they will be further assessed and monitored by an RN while awaiting transport home.
- Staff that self-transport, who are physically able to drive, may be escorted to their care with proper PPE worn by both ill staff member and escort.

Campers or Staff may return to camp if/when:

- An improvement in respiratory symptoms, such as coughing or shortness of breath
- Must be 72 hours fever-free, without fever-reducing medication
- **OR-** two negative COVID-19 tests, more than 24 hours apart

What happens when there is a COVID-19 Positive Diagnosis?

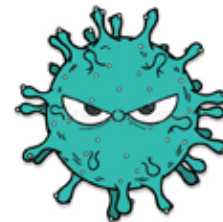
- If a camper or staff member reports that they are COVID-19 positive, Liberty Lake will maintain confidentiality of the individual at all times while mitigating the situation.
- The case will be reported to the NJ Department of Health and all families and staff of the individual's group and bus (if applicable) will be notified immediately.
- All facilities that the individual came in contact with will be deep cleaned and disinfected as per CDC guidelines.
- All campers and staff who came in close contact (less than six feet for more than 10 minutes) will be required to remain home and quarantine for 14 days.
- Camper tuition will be credited, and Staff will be compensated for this time.

Campers or Staff who test positive for COVID-19 may return to camp if/when:

- They have been at least 10 days since first symptoms
- Fever-free for 72 hours without fever reducing medication
- 72 hours since all symptoms have improved.

OR

- TWO negative COVID-19 tests, more than 24 hours apart.
- Resolution of fever without fever-reducing medications.
- Improvement in respiratory symptoms (cough, shortness of breath)



Could the Camp ever have to be shut down?

- The Camp would only be temporarily closed if the Health Department determined that there were multiple cases of COVID-19 in multiple camper groups, not linked by any camper groups nor family households.

IN SUMMARY -

If/when there is a COVID-19 case, Liberty Lake will be following the guidance of the NJ State Health Department, which is following CDC guidelines. **All we can do, as stakeholders of Liberty Lake, is to take great care in whom we and our family members come in contact with during our Liberty Lake season.**

IF/WHEN these guidelines are updated, we will be immediately updating our camp families and staff. Thank you, for your patience, confidence and understanding of this delicate situation.

**Cali Bear Says:
"Wash or Sanitize your hands
Before and After EVERY Camp
Activity this Summer!"**



Note:

We will place text on all hand sanitizer stations indicating that "visibly soiled hands should be washed with soap and water; Hand sanitizer is not effective on visibly soiled hands" as per DOH guidance.



Symptoms of Coronavirus (COVID-19)

Know the symptoms of COVID-19, which can include the following:

Symptoms can range from mild to severe illness, and appear 2-14 days after you are exposed to the virus that causes COVID-19.

***Seek medical care immediately if someone has emergency warning signs of COVID-19.**

- Trouble breathing
- Persistent pain or pressure in the chest
- New confusion
- Inability to wake or stay awake
- Bluish lips or face

This list is not all possible symptoms. Please call your medical provider for any other symptoms that are severe or concerning to you.

[cdc.gov/coronavirus](https://www.cdc.gov/coronavirus)

STOP **Feeling Sick?**
Stay home when you are sick!

If you feel unwell or have the following symptoms, please leave the building and contact your health care provider. Then follow-up with your supervisor.

DO NOT ENTER if you have:

- FEVER
- COUGH
- SHORTNESS OF BREATH

[cdc.gov/coronavirus](https://www.cdc.gov/coronavirus)

