

Because God's Eyes are such a widely-known craft we've never shared a tutorial – but let's give credit where credit's due. Our crafts over the years have been influenced by this gorgeous weaving pattern, so I thought it was time we shared the original version!

It's always great to have a craft up your sleeve which can be made with a few simple materials. In this case, a few balls of yarn and two sticks.

Here's how to make a God's Eye...

## How to make a God's Eye

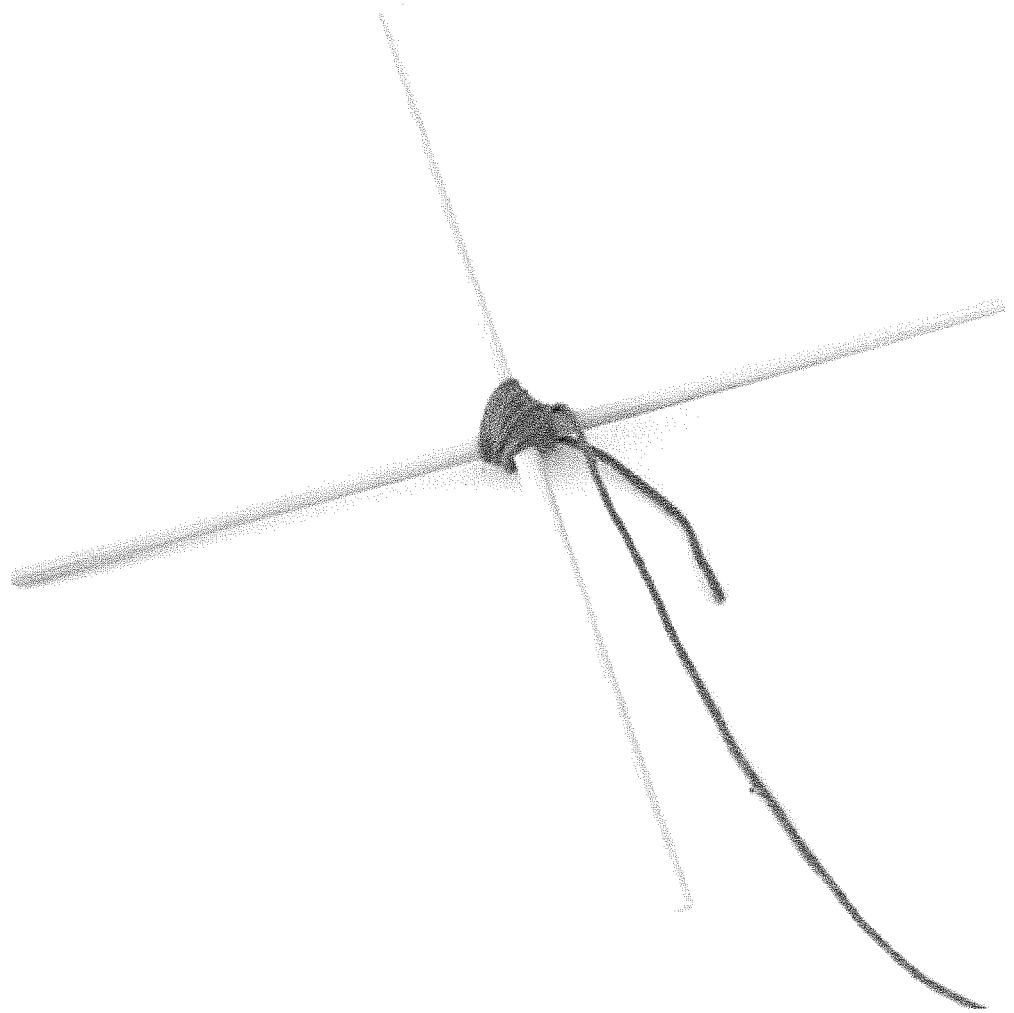


## You will need

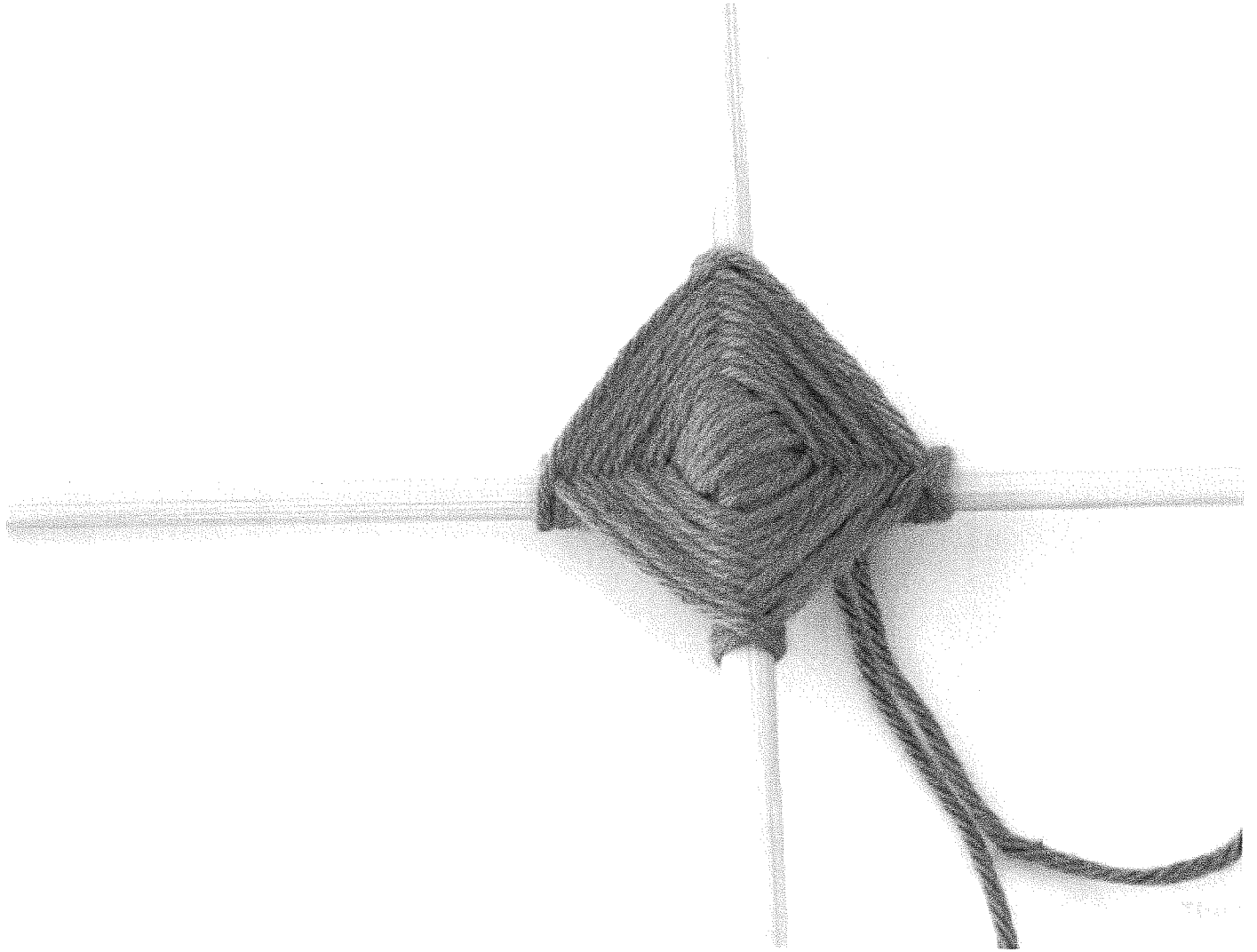
- Yarn in assorted colours, it's also nice to include different textures but this is purely optional
- Dowel rods, or sticks of some sort (chopsticks, craft sticks, bamboo skewers and straight sticks from the garden also work well)
- Scissors

## How to:

Hold your sticks in a cross shape and wrap yarn around it to keep the cross in shape.



Once the cross is secure, it's time to begin the weave. Wrap the yarn thread around one stick once, then move on to the stick next to it and wrap it around that. Keep on going by wrapping the yarn around each stick in the cross and moving on in a circular pattern.



# FINGER KNITTING

## YOU WILL NEED:

- Yarn – any thickness will do but I personally love using the bulky kinds (8ply and up)
- Scissors
- Your fingers

## How To:

1. Clamp the end of the yarn between your thumb and the palm of your hand. If you are right handed clamp it in your left hand, and if you are left handed do the opposite.
2. Create a figure eight with the yarn around your first two fingers.
3. Create a second figure eight directly above it.
4. Leaving the second loop in place, lift the bottom loop over the top of it and slip it off the end of your finger, repeat with the second finger.
5. You can now let go of the end which has been clamped between your thumb and the palm of you hand. Give it a gentle tug.
6. Repeat the stitch by making another figure eight, lifting the bottom loops over the top loops and slipping them off your fingers.
7. Continue knitting using this technique.
8. When you are happy with the length, slip both of the loops off the ends of your fingers and hold them in one hand.
9. Snip the yarn with your scissors and thread the end of it back through both loops, gently tugging the end of your rope.
10. You're all done!

## Make your own Side Walk Chalk

Ingredients:

Old egg carton or Toilet paper tubes.

Plaster or Plaster of Paris or cement

Paint or Food coloring, paint is brighter colors

Mix your plaster with water as described on the package. Pour into the egg carton cups. Put a couple drops of different color paint in each cup. Stir and let harden 1-3 days. Peel off the carton and you have a variety of side walk chalk to use. If you want long chalk, use wax paper in the toilet tubes. Seal the end with duct tape

and pour the plaster into the tube instead. After a couple days peel away the tube.

## Stress Balls

Ingredients:

Balloons or Sandwich bags or plastic wrap

Flour or rice or corn starch

Funnel

Use the funnel to put flour into a balloon. Tie it off at the size you want. If you use a sandwich bag or plastic wrap put a rubber band on the end to tie off. If you have left over silly putty you can wrap in colorful duct tape to create a stress ball.

## Ocean Bags

Ingredients:

Green or Blue hair gel

Sandwich bags

Foam Fish shapes, fancy confetti shapes

Duct Tape

Fill a bag  $\frac{3}{4}$  full of Hair gel. Add desired shapes. Duct tape the stop to stop leakage.

# Clay and Play-dough Recipes

Ages: 3 years and up

Materials & Equipment: See recipes

Comments: All of these recipes are comprised of easily available, relatively inexpensive ingredients and produce material to model, pound, and play with. Over the course of the year all should be tried because they are different in texture and quality. No doubt, you will find a favorite that you will mix up time and time again.

## Playdough

2½ C. Flour  
 ½ C. Salt  
 1 T. Alum  
 1¾ C. Boiling Water  
 2 T. vegetable oil

OPTIONAL:  
 \* Food coloring or Tempera Powder to color if desired.



Mix flour and salt in a bowl. Mix alum, water, oil and food coloring in a separate bowl; add to flour and salt mixture. Knead well. Add extra flour if sticky. No refrigeration is needed. Keep in an airtight container.

## Salt dough

1 C. Salt  
 4 C. Flour  
 1½ C. Water  
 4 T. Oil



Mix flour and salt. Add water and oil slowly to the dry ingredients, stirring with a spoon until well blended. Knead dough until soft and pliable. Sculpt objects or use cookie cutters to cut shapes. Bake 45 minutes in 350° oven until hard. Paint with acrylic or varnish to seal.



# NO COOK ~ GLUTEN FREE ~ KOOL AID PLAYDOUGH RECIPE



[www.STEAMPoweredFamily.com](http://www.STEAMPoweredFamily.com)

## Gluten Free Kool Aid Playdough Ingredients & Supplies

Gather the following ingredients to start making your playdough. We will be making the playdough one colour at a time.

Gluten Free flour

Salt

Hot water

Olive oil

Cream of tartar

Kool Aid packets in red, orange, yellow, green, blue and purple

2 large mixing bowls

Mixing spoon

Whisk

Ziplock bags for storage (one for each colour)

1 cup Gluten Free flour  
1/4 cup salt  
1/2 cup hot water  
1 tablespoons olive oil  
1 teaspoons cream of tartar  
Kool Aid packet in colour of your choice

## Making No Cook Gluten Free Kool Aid Playdough

In a large bowl, add all of the dry ingredients: flour, salt and cream of tartar. Mix until well combined.

In the second bowl, add vegetable oil and water. Now add the Kool Aid packet. Whisk well.

*Science Moment!* Stop, what do you notice when trying to mix the liquids and Kool Aid? It's the same issue we ran into with [Moon Dough](#). Oil and water don't mix. But it's all good. Since this recipe also uses water, the recipe is actually super easy and doesn't require anything additional to get amazing colours. Just whisk it together as best as you can.

Add the wet ingredients to the dry. Mix everything together until completely blended. If the mixture is too dry, add a bit more water. If the mixture is too wet, add a bit more flour. Just add bits until you get a nice consistency.

Take the play dough out of the bowl and knead until smooth.

Repeat for each color until you have created your rainbow of playdough!

Store the playdough in an airtight container or Ziplock bag. It is best to store the colours individually.

Happy playing with playdough!

### Silly Putty



- 1 C. White glue
- 1 1/2 C. liquid starch

Mix glue and starch in a bowl. You may add a few drops of food coloring if you wish to color the putty. Cover bowl and let stand for a few hours. Pour off extra starch. Knead well. Store in a covered container.

### Cornstarch Clay

- 1 C. Cornstarch
- 1/3 C. Vegetable oil
- 2/3 C. Flour

Pour cornstarch\* into bowl and add oil. Stir well until syrupy. Gradually add flour until thick and doughy. Knead well. Store in an airtight container.

(\*It's fun to play with cornstarch and water - it will not make dough; but the solution is fascinating)

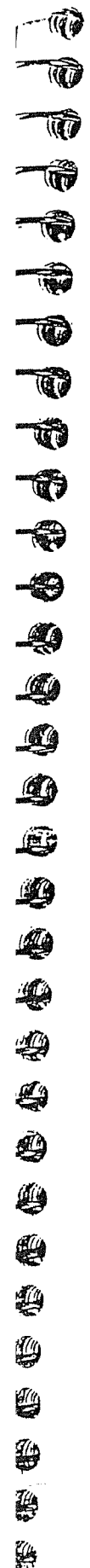


### Mud Pies

- 1 Puddle
- Plastic sandpails
- Spoons
- Cookie sheet

The "original" clay: dirt and water!  
 Find puddle. (children are adept at this!)  
 Dig mud out of bottom with spoons and mix in sandpails. Spoon globs onto cookie sheet.

Remove worms. Place in the sunshine until mudpies dry.



PUPPY CHOW

3

2 tbls margarine  
1/4 cup peanut butter  
1/2 cup chocolate chips  
3-1/2 cups Kellogg's Crispex Cereal  
3/4 cup powdered sugar

Melt margarine and peanut butter in a medium sized sauce pan  
Add chocolate chips  
Stir until melted  
Add cereal and toss well (Try not to break cereal)  
Put sugar in a brown bag  
Add chocolate cereal mix  
Shake bag until cereal is coated with powdered sugar. Enjoy!